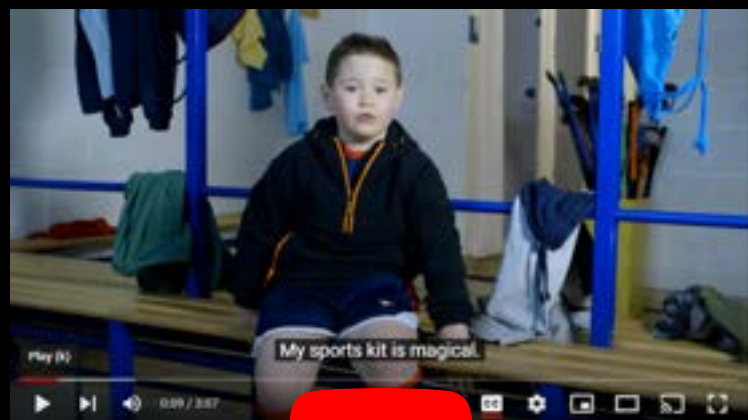


NEWSLETTER



Team Talk



As the season starts to draw to a close we wanted to take a moment to focus on our ethos. At MBFC we pride ourselves on seeking to do the right thing. We may not always get it perfectly right but the club ethos will always be 'promoting positivity' and never a win at any cost approach. With this in mind we would urge all supporters (parents/grandparents and touchline spectators) to watch this thought provoking video : My Magic Sports Kit - It's Our Game Not Yours,

MEMBERSHIP AND SUBS 2022/2023 SEASON

More information on subscriptions, membership sign on evenings will be hitting your inboxes soon. <https://marketbosworthfc.co.uk/memberships/>



PRESENTATION EVENINGS

May 19th Under 6/7/8/9s 4pm - 7pm

May 20th Under 10/11/12/15/16/17 4pm - 8pm

For age specific times, please liaise with your coach

We will have Bar, BBQ, Inter team matches and even a Dads V Coaches kickabout and of course our end of season presentations - we hope as many of you will join us as possible. See you next week!

BATTLE OF BOSWORTH SUMMER TOURNAMENT

Saturday June 18th 8.30 am - 2 pm U7 and U9

Sunday June 19th 8.30 am - 3 pm U8, U10 and U6

We have over 50 teams now confirmed. Come and join us it really is a fun day out for players and their families with bar, BBQ, ice creams and more on offer and of course raising funds to be reinvested in our fabulous club!

We need volunteers please to help with refreshments/ parking/BBQ/ice creams/scores etc. Coaches will be in touch shortly to ask for an hour or two of your time.



VACANCIES:
WE ARE
CURRENTLY
LOOKING
FOR...



GET INTO
COACHING



The u17s welcomed new level two qualified coach, Andy Davis to the club. Andy will work with current coach/manager Dale, to see the lads through their last year of league football

We are still looking for a lead coach for our youngest ages. If you are interested the club will cover the cost of all qualifications and provide support through the setting up process. If you are interested to know a little more, please do ask any coach.

PITCHSIDE ROUND UP




Cup Finals

As the season moves to an end, there are still two very big days in store for our U16s and our U8s Knights who both have made it to cup finals. The 16s went to Leicester on Friday 6th May Cup Finals putting in a spirited display but on this occasion just missed out on the win and the 8s battle it out in Bolehill, Tamworth on Saturday 14th May.



Hosts with the Most

We had the pleasure of hosting TMBS year 7 County Cup girls semi final match on April 26th which saw the team progress onto the final and we are delighted to report with 3 - 0 win against Lutterworth College they brought away the  Congratulations!



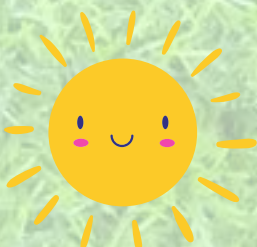
Referee Update

Josh Scragg is the latest referee to hit the 5 game qualification mark. Well done Josh and all of our home grown folks.

At MBFC all our junior referees wear the yellow County FA armband please show your support if you spot them officiating a game.

Summer Sun and Safety

Whilst the UK is not known for hot, rain free summers on the occasions the sun does shine can parents/guardians please ensure that players come with a drink, a cap (especially for tournaments when there may be waiting time and ensure sunscreen is applied - many thanks





Our adult team are now regularly training on Tuesday nights but still on the lookout for new players and indeed a manager/coach – we need to build the squad to have sufficient players to register a team



COACH'S
earner



Rich Kitchen and Anthony Richards Under 8 Knights

How did you get into coaching and what makes your partnership work?

We wanted to get more of the kids out on the pitch! Andy and Chris were doing a great job but they had a lot on their plate.
Ant on Rich: great organisation, enthusiasm and a winning mentality

Rich on Ant: great motivator, positivity and a calming influence

What is the best thing about being a coach at MBFC? And what has it taught you?

The coaches kit is great! The support from other coaches is good, and it has been brilliant seeing the team and players develop.

What have we learnt?

We're generally not very good at carrying cash these days, so always keep some spare to pay the ref! Also the importance of good preparation, and picking up things from other coaches.

If you had one wish for your U8s team what would it be?

Short term: win the cup final next week!

Long term: stick together as a team and keep up the enjoyment factor.

Do you have a motto, saying or top tip for readers who might be open to getting involved and becoming a coach?

If you're thinking about, just do it!



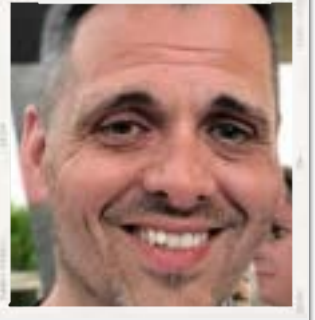
A big shout out to all players from Ant and Rich for winning the Shepshed Dynamo's tournament last Saturday



'It's OK not to be OK'

The last 2 years for everyone have been difficult and for the children it has been particularly hard getting use to social isolation, new school routines, social distancing, home schooling and the list goes on. Depression and anxiety can and does affect children as well as adults.

**Welfare Officer
Nic Tolley**



It's important to get help early if you think your child may be depressed or suffering from anxiety. The longer it goes on, the more likely it is to disrupt your child's life and turn into a long-term problem. Triggers for depression and anxiety in children can be caused by a number of things.

Symptoms of depression in children often include:

- sadness, or a low mood that does not go away
- being irritable or grumpy all the time
- not being interested in things they used to enjoy
- feeling tired and exhausted a lot of the time

Your child may also:

- have trouble sleeping or sleep more than usual

- not be able to concentrate
- interact less with friends and family
- be indecisive
- not have much confidence
- eat less than usual or overeat
- have big changes in weight
- seem unable to relax or be more lethargic than usual
- talk about feeling guilty or worthless
- feel empty or unable to feel emotions (numb)

Whatever your child may be feeling or experiencing remember you and they are not alone. Explaining to them that things can get better. By them saying they are not OK and that they need help is a positive thing. The club will do everything it can to help you and your child.

The Young Minds Charity offer children and parents support:

[YoungMinds](#) | [Mental Health Charity For Children And Young People](#) | [YoungMinds](#)

MARKET BOSWORTH SCARECROW TRAIL - June 10th -19th

We badly need a volunteer or two! We would love one of the MBFC teams to take on the challenge the theme is **'If it makes you happy, make It'** and we all know football does just that! We would love to see a footie inspired entry. Materials can be covered we just need some artistic inspiration.



We are always keen to hear from you if you have suggestions, offers of help or would just like to talk to us please drop us a line:

Dale - MBFC Club Secretary
Contact us @ - marketbosworthfc@gmail.com



Please give whatever you can spare to our charity of choice, Rainbows Hospice : collection tins are at the main clubhouse