



# NEWSLETTER

## Team Talk

With lighter nights fast approaching we are looking forward to returning to our home turf. With some important events including our visiting team from Columbus United and the return our Summer tournament, I hope you have your diary ready.

Firstly though a big Bozzie welcome to our new coaches Mark Findlay who has taken on the current U7s and Rob Davies, who steps in as assistant for the U9s Knights.

As we keep saying volunteers are what makes grassroots football work, it doesn't have to be football related there are lots of other ways to provide help so do give us a shout if you have an hour or so to spare. Dale - MBFC Club Secretary  
Contact us @ - [marketbosworthfc@gmail.com](mailto:marketbosworthfc@gmail.com)

## COACH'S Corner



### Julian Tarratt and Andy Tee U16s

Julian - Having three sons starting at 6 years old, the Club soon realised I should help out! Starting as assistant coach I was soon promoted to Manager at U8's. Andy & myself try to get the best out of a great bunch and look for **enjoyment and continual improvements over the outright need to win.** This is very much the ethos of the Club

**Julian and I work well together not least because we're friends away from the club. We're also pretty adept at the 'good cop bad cop' routine too.** We've worked with the same group of players from 7 a side to 11 a side so we've had to learn and grow just as the players have. **We don't always get it right but when once in a blue moon a tactical decision comes off it makes it all worthwhile.**

If I had one wish for the Under 16s this season it'd be to get through to the cup final. We've a quarter final in a couple of weeks. **A wider wish would be that the boys hold onto the friendships that the football club has given them as they grow up and finish junior football.**

If anyone is considering getting involved in coaching at the club I'd say get stuck in! The best piece of advice I could give would be to try and make it fun and not take it too seriously. **Remember it's kids football and not The Champions League.**

Please remind us of this next Sunday afternoon when we're shouting at the tops of our voices for them to put a tackle in!"



## Welcome to Columbus United (All the Way from the USA)

Another return from even further away is the return of touring American team, Columbus United. It was a fabulous evening in 2019 when we last welcomed our guests who are led by Head Coach and ex-Bosworth boy, Simon Davis. This year our U16s will be hosting on

**Tuesday 29th March. Kick off will be 5.30pm**

Please do come down and watch it would be great to see lots of support from the sidelines



### SPRING TRAINING \_ RETURN TO OUR GROUND

The clocks change on 27th March at which point we will return to training nights at Wellsborough Road. Training at the club is much more relaxing for all so please come along, kick back and enjoying the teams playing football.

Your coach will confirm exact times but the plan will be:

- **Tuesdays – U11s**
- **Thursdays – U6s, U7s, U8s and U9s**
- **Fridays – U5s, U10s, U12s, U15s, U16s, U17s**

The Bistro will be open on Thursday and Friday evenings with some new special offers to look out for.



Our latest ground's report was completed 18th Feb and submitted to the FA in line with our grant requirements which as you will know, has seen great improvement to the pitches.

We are working on a funding project for our own Tractor, Mower and Accessories and hope to have news of that in the coming months

Our LCFC ground work for 2022 kicks off this month with a Liquid Feed across all pitches.

### RETURN OF THE BATTLE OF BOSWORTH TOURNAMENT

**June 18th & June 19th 2022**

Great News that after two years of Covid cancellations, our annual tournament returns. On these dates we will see 5 age group competitions from U6s to U10s with over 40 teams taking part. As ever there will be refreshments available and our bank of homegrown referees will be officiating. Please come down and support us as this is a major fundraising event for the club and enjoy a morning or two of fabulous football.







### **If in doubt sit them out**

The FA launched the revised head injury guidelines for all players which provides guidance to referees and clubs over how to manage a player who receives a head injury in a match or training. Concussion can be caused by a direct blow to the head, but can also occur when a blow to another part of the body results in rapid movement of the head e.g. whiplash type injuries, these can occasionally occur in football.

### **What is Concussion**

Concussion is an injury to the brain resulting in a disturbance of brain function. There are many symptoms of concussion, common ones being headache, dizziness, memory disturbance or balance problems.

### **Who is at risk?**

Concussions can happen to players at any age.

However, children and adolescents (18 and under):

- are more susceptible to brain injury
- take longer to recover
- have more significant memory and mental processing issues
- are more susceptible to rare and dangerous neurological complications, including death caused by a single or second impact

### **What are the signs of concussion?**

Presence of any one or more of the following symptoms may suggest a concussion: • Headache • Dizziness • Mental clouding, confusion, or feeling slowed down • Visual problems • Nausea or vomiting • Fatigue • Drowsiness / feeling like "in a fog" / difficulty concentrating • "Pressure in head" • Sensitivity to light or noise

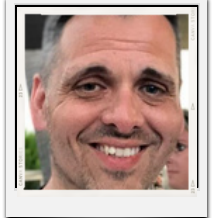
### **What happens next?**

If a player receives a head injury then they will not be allowed to return to a training session or match. It may be due to the injury that following medical assessment and advise that period of time is required for your child not to participate in training or matches.

### **What are the club doing?**

All of our coaches are required to undertake the FA's First Aid training and FA's Head Injury training module. All referees have received guidance on head injury management.

**Welfare  
Officer  
Nic Tolley**



As our cohort of new referees continue to develop and gain more match time over the past few months, one of our home grown referees has been gaining experience by taking the opportunity with Leicestershire FA and Leicester City FC to officiate at Leicester City's Academy matches. Daniel has been lucky enough to be the linesman in two matches, including Leicester City's U12 v Chelsea U12 in the Premier League Academy Cup Match and be the referee in the Leicester City FC U10s v Coventry City FC U10s matches. Daniel is hoping to gain further refereeing qualifications later this year as part of the Leicestershire County FA's referee development programme. <https://www.leicestershirefa.com/referees>