

# MARKET BOSWORTH F.C. – PARENT GUIDE

## PREPARATION (AT HOME)



PLEASE READ THROUGH BOTH THE PLAYER & PARENT GUIDE. TAKE TIME TO READ THROUGH & UNDERSTAND THEM.  
BY SENDING YOUR CHILD TO TRAINING YOU AGREE TO THE CLUBS RULES..

## PREPARATION (BEFORE TRAINING)



PLAYERS WILL NEED TO WEAR A CLEAN KIT, INC SHIN PADS AND GOALIE GLOVES (IF APPROPRIATE)



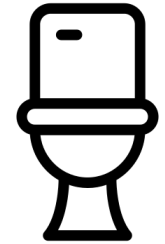
PLAYERS WILL NEED THEIR OWN SMALL HAND SANITISER



PLAYERS WILL NEED THEIR DRINK, PUT THEIR NAME ON IT



PLAYERS AND PARENTS MUST WASH AND SANITISE HANDS BEFORE SETTING OFF FROM HOME



ENSURE EVERYONE HAS BEEN TO THE TOILET AS THERE WILL BE NO TOILET FACILITIES AT TRAINING

## ARRIVAL AT TRAINING



ENSURE YOUR CHILDS LACES ARE TIED. COACHES WILL NOT BE ABLE TO ASSIST



WALK YOUR CHILD TO THEIR TRAINING POST AS DIRECTED BY THEIR COACH, AND THEN GO TO THE PARENT OBSERVATION AREA

## DURING TRAINING



IF YOUR CHILD REQUIRES FIRST AID THEY WILL BE SENT TO THE DESIGNATED FIRST AID AREA, YOU WILL BE REQUIRED TO ASSIST IF NECESSARY



IF YOUR CHILD HAS A SERIOUS INJURY, ALL PLAYERS WILL BE ASKED TO REMAIN IN THEIR "SAFE ZONES". THE COACH WILL APPLY BASIC PPE BEFORE ANY EMERGENCY TREATMENT IS ACTIONED. PARENTAL SUPPORT WILL BE REQUIRED.

## END OF TRAINING



WHEN THE COACH SIGNALS THE END OF THE SESSIONS, PLAYERS WILL BE ASKED TO RETURN TO THEIR CONES, SANITISE THEIR HANDS AND COLLECT THEIR BELONGINGS



PARENTS MUST SIGNAL / THUMBS UP TO PLAYERS THAT THEY CAN BE COLLECTED AND THE COACH WILL DIRECT THEM TOWARDS THE EXIT.

*By bringing your child to training you agree to abide by the rules of the club and accept responsibility for your child. Please contact your age group coach if you have any questions regarding training. Anyone not abiding by the rules will be asked to leave the training session.*